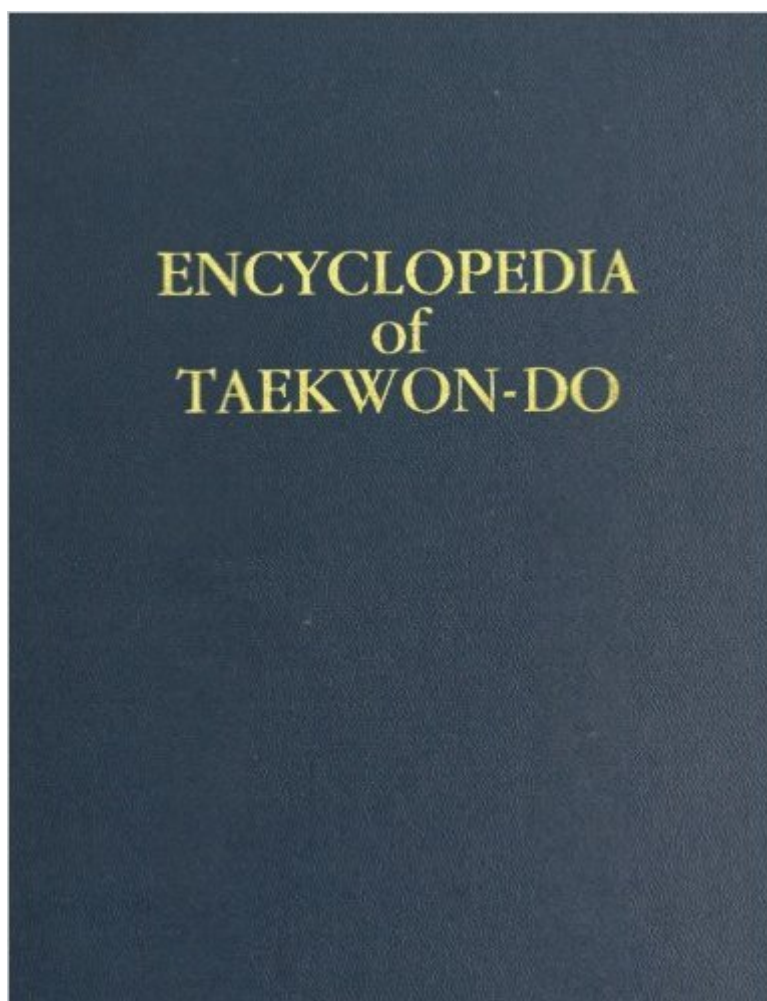


The book was found

Volume 16 (Encyclopedia Of Taekwon-Do): Supplemental Volume To The Encyclopedia Of Taekwon-Do



Synopsis

Adding to General Choi Hong Hi's masterpiece, the Encyclopedia of Taekwon-Do, this supplemental volume seamlessly integrates into his 15 Volume set. Volume 16 adds more than 620 photos to the approximately 30,000 of General Choi's Encyclopedia plus an additional 403 pages, 494 diagrams and 55,800+ words - all extensively researched, documented and primarily based on General Choi's other books. "I appreciate Mr. Campbell's efforts and I am certain that this Volume 16 will be a great addition to everyone's library." – Dr. George Vitale, Ph.D. (VIII Degree), the first (and to date only) American to earn an academic Ph.D. (in Taekwon-Do) from a North Korean university. Ko-Dang and U-Nam, two patterns connected by fate and politics, are invaluable parts of Taekwon-Do's history. While neither pattern was discarded entirely, both are complete patterns once considered part of the syllabus. Over time, the namesakes of Ko-Dang and U-Nam failed to continue to inspire a positive patriotic image for all Koreans as each presents acute political discomfort for one side of the Korean Peninsula; Ko-Dang for the North and U-Nam for the South. However, as Taekwon-Do's patterns are the core of the art, both patterns deserve inclusion in General Choi's Encyclopedia of Taekwon-Do in order to document the whole of the art equally. In addition to Ko-Dang and U-Nam, Volume 16 also includes a new set of text descriptions for all of Taekwon-Do's patterns. The Condensed Patterns humbly continue the tradition in General Choi's books of improving the detail and clarity of the pattern descriptions while leaving the patterns themselves unchanged. From 1959's Same as movement #6 from Pyung Ahn 4 [Sa Dan] •, 1965's L.B. stance • through to the Encyclopedia's presentation many improvements have been made over time. The Condensed Patterns continue this evolution by presenting all of the available text-based and footwork information offered in the Encyclopedia, the Condensed Patterns describe each pattern count in a brief and easy to consume format.

Book Information

Series: Encyclopedia of Taekwon-Do

Paperback: 404 pages

Publisher: CreateSpace Independent Publishing Platform; 1 edition (July 23, 2016)

Language: English

ISBN-10: 1535566469

ISBN-13: 978-1535566469

Product Dimensions: 7.4 x 0.9 x 9.7 inches

Shipping Weight: 2 pounds (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars Â Â See all reviews Â (2 customer reviews)

Best Sellers Rank: #774,293 in Books (See Top 100 in Books) #531 in Â Books > Reference > Encyclopedias & Subject Guides > Sports #1904 in Â Books > Sports & Outdoors > Individual Sports > Martial Arts #10014 in Â Books > Health, Fitness & Dieting > Exercise & Fitness

Customer Reviews

U-Nam and Ko-Dang are well documented in this volume, Ko-Dang was dropped in favor of Juche by General Choi in the recent versions of the Encyclopedia. This supplemental volume to the Encyclopedia of Tae Kwon-Do makes sure these patterns don't disappear. The author decided to follow a similar structure as General Choi's volumes, giving it a lot of detail. The foot positioning and transitions, a picture for every movement, the description of the pattern, all there. On top of conserving these two patterns a condensed version of the other Chan-Hon patterns is included in the volume, these do not have any pictures as it just acts as a reference. This book is softcover but very well made. If you are into Tae Kwon-Do patterns and Tae Kwon-Do history this is a book you must buy.

This volume is essential for those who aspire to learn, acknowledge or are curious about the early patterns that are so sparsely known now. Great detailed work on "the lost pattern" U-Nam and for many the unknown Ko Dang. Gives completeness and understanding of how the 24 patterns evolved over the early development phase.

[Download to continue reading...](#)

Volume 16 (Encyclopedia of Taekwon-Do): Supplemental Volume to the Encyclopedia of Taekwon-Do Seismic design with supplemental energy dissipation devices (Publication / Earthquake Engineering Research Institute) Blood Type O Food, Beverage and Supplemental Lists Blood Type A: Food, Beverage and Supplemental Lists from Eat Right 4 Your Type Blood Type B Food, Beverage and Supplemental Lists Blood Type A Food, Beverage and Supplemental Lists Blood Type AB Food, Beverage and Supplemental Lists Vitamins, Minerals, and Supplemental Antioxidants: An Honest Basic Guide to Nutritional Supplements Cbt Mercenaries Supplemental Update (Classic Battletech FPR35028) Weapons of Mass Destruction: An Encyclopedia of Worldwide Policy, Technology, and History; Volume I: Chemical and Biological Weapons and Volume II:: ... Technology, and History (2 volume set) Collector's Encyclopedia Depression Glass (Collector's Encyclopedia of Depression Glass) The Collector's Encyclopedia of Salt & Pepper Shakers: Figural and Novelty (Collector's Encyclopedia of Figural & Novelty Salt & Pepper)

Collectors Encyclopedia of Nippon Poreclain: Sixth Series, Identification & Values (Collector's Encyclopedia of Nippon Porcelain) The Encyclopedia of Dollhouse Decorating Techniques (Encyclopedia of Art) Cunningham's Encyclopedia of Magical Herbs (Llewellyn's Sourcebook Series) (Cunningham's Encyclopedia Series) American Medical Association Complete Medical Encyclopedia (American Medical Association (Ama) Complete Medical Encyclopedia) Encyclopedia of Judaism (Encyclopedia of World Religions) First Encyclopedia of the Human Body (Usborne First Encyclopedia) Encyclopedia of Comic Book Heroes: Wonder Woman - VOL 02 (Original Encyclopedia) Encyclopedia of Earthquakes and Volcanoes (Science Encyclopedia)

[Dmca](#)